

PROSECCO & SPARKLING

Wolf Blass Sparkling Brut South Australia 11% ABV, 8.3 units, 499 kcal	200ml bottle	750ml bottle
Teresa Rizzi Prosecco DOC Veneto, Italy 11% ABV 200ml bottle, 2.2 units, 130 kcal; 750ml bottle, 8.3 units, 488 kcal		3.99 11.49
Teresa Rizzi Sparkling Rosé Veneto, Italy 11.5% ABV 200ml bottle, 2.3 units, 142 kcal; 750ml bottle, 8.4 units, 533 kcal		3.99 11.49
Denbies Whitenedowns Brut Dorking, England 12.5% ABV, 9.4 units, 570 kcal		19.99

WINE CELLAR

COLDWATER CREEK WINE BY THE GLASS

WHITE

Chardonnay 12.5% ABV, 131 kcal
Juicy and smooth

Pinot Grigio 11.5% ABV, 119 kcal
Crisp and fresh

2.25
125ml

3.10
175ml

4.25
250ml

RED

Merlot 12% ABV, 124 kcal
Fruity, warm and velvety, with a touch of spice

ROSE

White Zinfandel Rosé 10.5% ABV, 128 kcal
Light, fresh and fruity

WHITE WINE

Hardys Chardonnay South Eastern Australia 12.5% ABV, 540 kcal	750ml bottle	9.69
Tropical and juicy, with characters of peach, melon and pineapple		
Hardys Pinot Grigio South Eastern Australia 12% ABV, 518 kcal		9.69
Fresh and fruity, with delicate pear and citrus flavours.		

RED WINE

Hardys Shiraz South Eastern Australia 12% ABV, 555 kcal		9.69
Soft and medium bodied, with plump, juicy fruit flavours		
Trivento Malbec Mendoza, Argentina 13% ABV, 573 kcal		11.69
Velvety and smooth, with flavours of black cherries and raspberries		
Castillero del Diablo Cabernet Sauvignon Valle Central, Chile 13.5% ABV, 585 kcal		12.59
Full bodied, with blackcurrant flavours and hints of coffee and dark chocolate		

ROSE WINE

Hardys Rosé South Eastern Australia 11.5% ABV, 533 kcal		9.69
Crisp strawberry, red berries and citrus flavours		

WHITE WINE

Villa Maria Sauvignon Blanc Marlborough, New Zealand 13% ABV, 118 kcal (175ml measure kcal shown)	125ml	175ml	250ml	750ml bottle
	2.99	4.15	5.65	15.10

Calories listed in the Coldwater Creek wines refer to a 175ml measure. Wine ABVs may vary according to vintage, ABV/(ml measure)/Calories (kcal) are correct at the time of print, but may be subject to change. Alcohol units - a guide for wine, based on a 10% ABV wine. Glass: 125ml 1.6 units, 175ml 2.3 units, 250ml 3.3 units, 750ml 9.8 units.

COCKTAIL LOUNGE

NEW Absolutly Cherry 123 kcal
Strika Herbal Liqueur, Absolut Vodka, Pepsi Max cherry, lime

NEW Kopparberg Strawberry Delight 186 kcal
Kopparberg Strawberry & Lime cider, Kopparberg Premium Gin Strawberry & Lime, lemonade, lime

Bubblygin 190 kcal
Zymurgorium Realm of the Unicorn Gin Liqueur, bubblygin syrup, lemonade, strawberry

Ginberry Fizz 123 kcal
Gordon's Pink Gin, Chambord Black Raspberry Liqueur, lemonade, strawberry

Porn Star Martini 198 kcal
Absolut Vanilla, mango, passion fruit, orange, lemonade, lime

Sex on the Beach 178 kcal
Smirnoff vodka, Archers peach schnapps, cranberry juice, orange juice, lime

Mango Monster Mash 224 kcal
Smirnoff vodka, Phatso, Monster Mango Loco, lemonade, lime

Woo Woo 176 kcal
Smirnoff vodka, Archers peach schnapps, cranberry juice, lime

Blue Lagoon 120 kcal
Blue Curacao, Smirnoff vodka, lime cordial, lemonade, lime

Smirnoff vodka and Monster 204 kcal
Smirnoff vodka, Monster Energy, lime, Sugar, Ice, Firewater Ultra for a low-calorie option

Purple Rain 112 kcal
Blue Curacao, Sourz Cherry, lemonade, lime

Calories listed in the cocktail lounge refer to a glass with 50ml spirit.

Cocktail pitchers	2 for £12	100ml spirit each
pitcher	4.99	50ml spirit
pitcher	6.60	100ml spirit
large pitcher	8.70	150ml spirit

PIMM'S Classic Pimm's 2.75 7.99
25% ABV, 123 kcal (50ml spirit) 50ml glass 150ml pitcher
With lemonade and lots of fruit.

BOMBS & SHOTS ANY 2 FOR £5

2 for £5.00 Strikabomb Charley's No.1 Herbal Liqueur	3.99
Strika Herbal Liqueur 35% ABV 25ml, 0.9 units	
Fireballbomb	4.10
Fireball Cinnamon Whisky Liqueur 33% ABV 25ml, 0.8 units	
Bombs served with 1/2 can of Monster Energy.	

Jose Cuervo Especial Tequila	3.60
38% ABV 25ml, 1.0 unit, 50 kcal	
Smirnoff vodka and Monster	3.95
Each person gets 25ml spirit (37.5% ABV, 0.9 units) and 1 can of Monster Energy. 152 kcal	

COCKTAIL CANS & SHOTS ANY 2 FOR £5

NEW Espresso martini 5.0% ABV 200ml can, 1.0 unit, 92 kcal	3.49
NEW Raspberry mojito 4.0% ABV 250ml can, 1.0 unit, 145 kcal	3.49
NEW Tequila Rose Strawberry Cream 15% ABV 25ml, 0.4 units, 77 kcal	2.85
NEW Antica Sambuca Raspberry 38% ABV 25ml, 1.0 unit, 88 kcal	3.35
Antica Sambuca 38% ABV 25ml, 1.0 unit, 88 kcal	3.35
Archers peach schnapps 18% ABV 25ml, 0.5 units, 65 kcal	3.55
Fireball Cinnamon Whisky Liqueur 32% ABV 25ml, 0.8 units, 67 kcal	3.20

SOURZ 15% ABV 25ml, 0.4 units

4 for £5

MONDAY CLUB TALK TALK EVERY MONDAY | KALAMATA - 20 DEC-05/06 | SPECIALS AND BARS HOLIDAYS

COLDWATER CREEK WINE

Chardonnay 12.5% ABV	Merlot 12% ABV	2.55
Pinot Grigio 11.5% ABV	White Zinfandel Rosé 10.5% ABV	175ml

Wine available as 125ml measure.

NEW ADDITION Kopparberg Strawberry & Lime cider 4.0% ABV pint, 2.3 units

NEW ADDITION Thatchers Gold 4.5% ABV pint, 2.3 units

SHIPPARD AMERICAN PALE ALE 4.5% ABV pint, 2.6 units

GUINNESS 4.1% ABV pint, 2.3 units

Carting 4.0% ABV pint, 2.3 units; Foster's 4.0% ABV pint, 2.3 units

Jack Daniel's 41% ABV 25ml, 1.8 units and more*

Smirnoff vodka and Monster 25ml spirit (37.5% ABV, 0.9 units) and 1 can of Monster Energy

Abbot Ale 5.2% ABV, 18 units	1.99
Guest ale Various ABVs	
Heineken 5.0% ABV, 2.8 units	2.55
Kronenbourg 1664 5.0% ABV, 2.8 units	2.55
NEW ADDITION Pepsi Max cherry 2 kcal	
Pepsi Max 2 kcal; Diet Pepsi 2 kcal	1.69
R White's lemonade 0 kcal	

For all allergen and health information see the food on our website and/or our allergen guide. Please enquire when staff will be able to direct you to this information. While we have procedures for segregating preparation with allergen free, vitamins and bar service may involve shared preparation/cooking areas. If you have any specific health/allergy needs, please inform us, we will do our utmost to help, although cannot guarantee a completely allergen free environment. Products, drinks, and other items are subject to change without notice. The information on this page is for general information only. The information is not intended to be used as a substitute for medical advice. © Wetherspoon 2023. All rights reserved. Wetherspoon is a registered trademark of Wetherspoon. The information on this page is for general information only. The information is not intended to be used as a substitute for medical advice. © Wetherspoon 2023. All rights reserved. Wetherspoon is a registered trademark of Wetherspoon.

for the facts drinkaware.co.uk | jdwetherspoon.com



GIN PALACE

MIXER INCLUDED*

Beefeater London Blood Orange England 37.5% ABV	
Gordon's Pink Gin Scotland 37.5% ABV	
Gordon's Scotland 37.5% ABV	
Bombay Sapphire England 40% ABV	
Tanqueray Scotland 43.1% ABV	
Portobello Road England 42% ABV	

3.25 **4.30**
25ml 50ml

NEW Kopparberg Premium Gin Strawberry & Lime England 37.5% ABV

NEW Whitley Neil Raspberry Gin England 43% ABV

Edinburgh Gin Rhubarb & Ginger Liqueur Scotland 21% ABV

Zymurgorium Sweet Violet Liqueur England 18.7% ABV

Zymurgorium Realm of the Unicorn Gin Liqueur England 20% ABV

Tanqueray Flor de Sevilla Scotland 41.3% ABV

Didsbury Gin Raspberry & Elderflower England 40% ABV

GinTing® England 42.5% ABV

Hendrick's Gin Scotland 41.4% ABV

Tanqueray No. Ten Scotland 47.3% ABV

3.75 **4.80**
25ml 50ml

1.99 3.7% ABV per pint	2.39 4.2% ABV per pint	2.49 Various ABVs per pint	2.59 3.6% ABV per pint	2.75 4.5% ABV per pint	3.39 5.0% ABV per pint	3.99 5.4% ABV per pint
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Table service?

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Available to download from the App Store and Google Play

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51739AUT19DRINK

BREAKFAST

SERVED UNTIL 12 NOON

Large breakfast 1420 kcal

Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast.

Traditional breakfast 819 kcal

Fried egg, bacon, sausage, baked beans, two hash browns, tomato, slice of toast.

Small breakfast 460 kcal

Fried egg, bacon, sausage, baked beans, hash brown.

Large vegetarian breakfast 1357 kcal

Two fried eggs, three Quorn vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast.

Vegetarian breakfast 932 kcal

Two fried eggs, two Quorn vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast.

Small vegetarian breakfast 374 kcal

Fried egg, Quorn vegan sausage, baked beans, hash brown, tomato.

Vegan breakfast 879 kcal

Two Quorn vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of wholewheat toast, vegan spread.

Freedom breakfast 447 kcal

Two fried eggs, bacon, baked beans, mushroom, tomato. This item does not contain gluten or dairy, but there is a risk of cross-contamination.

American breakfast 1368 kcal

Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup.

NEW Small American breakfast 684 kcal

Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup.

American-style pancakes

Four pancakes, maple-flavour syrup, maple-cured bacon. 676 kcal

Four pancakes, maple-flavour syrup. 590 kcal

Add: Blueberries 17 kcal) 50p; Strawberries 14 kcal) 50p

Small American-style pancakes

Two pancakes, maple-flavour syrup. 295 kcal

Add: Blueberries 17 kcal) 50p; Strawberries 14 kcal) 50p

SIDE ORDERS AND EXTRAS | Add any of the following to your breakfast meal.

Sausage 168 kcal	55p	Two slices of bacon 103 kcal	85p
Quorn vegan sausage 125 kcal	55p	Two scrambled eggs 167 kcal	1.10
Fried egg 72 kcal	55p	Baked beans 126 kcal	50p
Two hash browns 216 kcal	85p	Two grilled tomato halves 16 kcal	25p
Two mushrooms 126 kcal	50p		

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AUTYBREAK254

BREAKFAST DEALS

	without drink	with drink
Eggs Benedict 508 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket.	4.30	4.90
Miner's Benedict 748 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket.	4.30	4.90
Mushroom Benedict 472 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket.	4.30	4.90
Eggs royale 497 kcal Two poached eggs, on an English muffin, with smoked salmon, Hollandaise sauce, rocket.	4.99	5.59
Bacon butty 516 kcal (with white bloomer) Three rashers of bacon, white bloomer or wholewheat bread. With Country Life spreadable. Instead of bacon - also available with: Quorn sausage 612 kcal; Sausage 698 kcal	3.40	3.99
NEW Smashed avocado on wholewheat toast 275 kcal Avocado, guacamole, pico de gallo. Add: Smoked salmon (100 kcal) 2.05; Maple-cured bacon (86 kcal) 85p; Poached egg (63 kcal) 55p; Grilled halloumi (416 kcal) 2.05	2.99	3.59
Scrambled egg on toast Three eggs. With Country Life spreadable. On wholewheat bread 540 kcal or white bloomer bread 537 kcal. Add: Smoked salmon (100 kcal) 2.05	2.65	3.25
Beans on toast With Country Life spreadable. On wholewheat bread 553 kcal or white bloomer bread 551 kcal.	2.55	3.15
Small beans on toast With Country Life spreadable. On wholewheat bread 245 kcal or white bloomer bread 244 kcal.	1.65	2.25
Breakfast wrap 721 kcal Fried egg, bacon, sausage, hash brown, cheese. Vegetarian option available. 861 kcal	3.80	4.40
Toast and preserves Wholewheat bread 461 kcal or white bloomer bread 459 kcal.	1.99	2.59
Fresh fruit Apple, banana, blueberries, strawberries.	2.55	3.15
MOMA Porridge Add: Blueberries (17 kcal) 50p; Strawberries (14 kcal) 50p; Banana (105 kcal) 50p; Honey (92 kcal) 25p; Maple-flavour syrup (97 kcal) 25p	1.75	2.35

DRINKS INCLUDED IN BREAKFAST DEALS

Any coffee, tea (Free refills*)
Bottle of Strathmore spring water, standard juice (398ml) or choose a large juice (568ml) for 30p extra
Choose an Innocent™ smoothie or NEW Lavazza iced cappuccino for 99p extra

DIETARY KEY

Vegetarian. Vegan. 5% 5% fat or less. UNDER 500 Dish under 500 Calories.

Dietary symbols are applicable only when meals are served with the accompaniments listed. Several menu items do not contain gluten or dairy ingredients, although we cannot guarantee an allergen-free environment or products. Please refer to our website and allergen guide for details.



good food talks
opening menus for everybody
The spoken menu app for the visually impaired



Table service?
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FREE REFILLS
ON ANY TEA
OR
COFFEE
ALL DAY EVERY DAY

LAVAZZA

TORINO, ITALIA, 1895



1.20 each

Flatwhite 92 kcal	Cappuccino 102 kcal
Latte 113 kcal	Espresso 6 kcal
Americano 24 kcal. (Soya product available.)	
Tea 14 kcal with semi-skimmed milk. (Soya product available.)	
DECAFFEINATED TEA BAGS AND NESCAFE® COFFEE SACHETS ARE AVAILABLE	

NEW Lavazza iced cappuccino 250ml, 153 kcal 1.89
(Free refills not available.)

Hot chocolate 295 kcal. (Free refills not available.) 2.05

Viennese fingers 200 kcal	40p
Stem ginger biscuits 292 kcal	65p
NEW Salted caramel brownie bar 299 kcal	1.30

Wetherspoon has become the first pub company to gain recognition from RSPCA Assured - for sourcing free-range shell eggs from farms which care for their hens to higher welfare standards throughout their life.
Our shell eggs come from producers inspected to RSPCA welfare standards by the RSPCA's independently certified farm-assurance scheme.



wetherspoon
LAVAZZA

TORINO, ITALIA, 1895

FROM BEAN TO CUP

The process of producing the Lavazza ¡TIERRA! Selection Blend



GROWING

The Lavazza Tierra Selection Blend is **100% arabica** and grown in high-altitude hillside plantations in Brazil, Colombia and Peru.

The arabica coffee plant takes approximately four to five years to grow to its full size (300-400cm), at which point it is mature and ready to harvest.

The soil needed to grow a healthy coffee plant requires a generous amount of nitrogen, phosphorous and potassium.

After the rainy season, small jasmine-like flowers bloom and fall off, leaving coffee cherries to grow in their place.

This combination of factors gives the beans a subtle and pleasant floral, chocolaty and dried-fruit taste.



HARVESTING

Ripe cherries are hand picked from the trees in the field - this is the best option for higher-quality coffee.

The beans are sorted either by hand or through machinery.

Cherries are poured into a vat of water; if the fruits sink to the bottom, they are ripe and are pumped out to the next processing section.



PROCESSING

Coffee is processed using the wet method. This is a more consistent method of processing coffee.

The outer layer of skin and fruit flesh is stripped off in a machine. Coffee is then moved to a tank of clean water where the remainder of the flesh is removed with fermentation.

After the coffee has been exported, a group of certified Q graders (someone who is qualified to classify speciality coffee) will sit in a dark room, lit by just red light, and spend their days tasting hundreds of coffees.

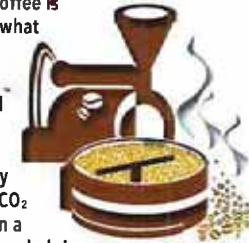
The alternative process is the dry method - cherries are laid out to dry in the sun and then cleaned.

ROASTING

Coffee is manipulated to create lots of different flavours.

The length of time the coffee is roasted correlates with what flavours are released.

Roasting happens in huge machine-operated drums - afterwards, it is cooked for up to 10 minutes, then rapidly cooled down. All of the CO₂ released is sucked out in a process called degassing - helping to keep the coffee fresh for longer.



GRINDING

Every Lavazza coffee bean is freshly ground in our coffee machines, once a coffee is selected.



PACKAGING

Coffee beans are weighed and put in their bags, ready to be distributed.

The bags used have a special one-way valve which can release any CO₂ created by the beans, without letting any oxygen back in, so ensuring that the beans stay fresh for longer.



BREWING

Freshly ground coffee comes into contact with the hot water to extract its flavour.

The balance of time and pressure allows you to enjoy all of the delicate aromas and flavours.

Your cup of coffee is now ready!



The Giuseppe e Pericles Lavazza Onlus Foundation

Founded in 2004, this foundation promotes and implements economic, social and environmental sustainability projects, to support coffee-producing communities around the world and to help to improve their living conditions.

Projects supported by the Lavazza Foundation have the primary objective of helping coffee producers to improve the yield and quality of their products, through agricultural best practices, training and encouraging the development of entrepreneurial skills. This includes supporting young people in their homelands to enable them to develop their own business activities in the coffee industry, promoting gender balance within households and communities and enhancing the role of women, as well as supporting reforestation and environmental protection.

There are currently 21 such projects taking place in 14 producer countries, in Central and South America, Africa and Asia, with over 60,000 beneficiary coffee farmers and producers.

You can help yourself to free refills, available all day, every day.

jdwetherspoon.com

INCLUDES A DRINK *CHOOSE FROM

DRAUGHT LAGER, BEER AND CIDER - PINT

BrewDog Punk IPA, Bud Light, Carling, Carlsberg, Corona Light, Foster's, Heineken, High Noon, Tilly's, Kronenbourg, Labl, San Miguel, Dark Horse, Guinness, Jolly Smiddy, Anytime, Shipyard American Style, Kaiserberg Strawberry & Lime, Mayners, Strongbow, Stone Island, Gable Fruit, Hatched & Co. All draught products available in half-pint measure.

CRAFT CANS AND BOTTLES

Beck's, Blue Moon, Belgian Style wheat ale, BrewDog Clockwork Tangerine, Devils Gut, Kaiser - American IPA, Estrella Galena, Full Sail, Golden Alpha, Hoegaarden White, Leffe IPA, Pilsener, Sol.

LOW AND ALCOHOL FREE

Admiral Ghest (Ship low alcohol), Beck's Blue alcohol free, BrewDog No Nony State (low alcohol), Budweiser Prohibition Brew alcohol free, Heineken 0.0 alcohol free, Koppenberg alcohol free

WINE - 175ml GLASS

Coldwater Creek Chardonnay, Pinot Grigio, Merlot, White Zinfandel, Rose. Wine available as 125ml measure.

SPIRITS* - MIXER INCLUDED**

Gordon's, Gordon's Pink Gin, NEW Tanqueray, Captain Morgan Original Spiced Gold, Captain Morgan White, NEW Absolut Vanilla, Smirnoff, Ball's, Fambou Grouse, Mugg Club Oldblom, NEW Black Bottle brandy, NEW E & J brandy

SOFT DRINKS

Any draught soft drink (330ml), bottle of J20, standard size (250ml), Strathmore spring water or can of Lavena iced cappuccino, Remedy Kombucha, other soft drink.

TEA AND COFFEE - FREE REFILLS*

DIETARY KEY

DDDD = Extremely hot. DDDD = Very hot.

DDD = Medium hot. DD = Mild. D = Low heat.

Vegetarian. Vegan.

5% fat or less. Dish under 500 Calories.

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STEAK CLUB

EVERY TUESDAY UNTIL 11PM

from **£8.40** each
INCLUDES A DRINK*



Simple steak: Signature steak

STEAK CLUB

EVERY TUESDAY UNTIL 11PM

Our prime beef steaks come from Britain and Ireland, are matured for 21 days then seasoned by us.

NEW Simple steak 1055 kcal (with chips)
Boz sirloin steak served with your choice of jacket potato, chips or quinoa salad and dressing. **£8.10**

NEW Signature steak 1450 kcal
(with beef dripping Béarnaise sauce and chips)
Boz sirloin steak served with peas, tomato, mushroom, three onion rings, your choice of steak sauce and jacket potato or chips. **£10.10**

Quinoa salad with grilled halloumi 914 kcal
Quinoa, rice, avocado, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, dressing. **£7.40**

SAUCES

NEW Beef dripping Béarnaise 123 kcal **1.25**
Honey glaze, made with Jack Daniel's® Tennessee Honey 70 kcal **1.25**
Creamy crushed green and black peppercorn 74 kcal **1.25**
Six onion rings and a sauce **2.05**

from **£8.40** each **INCLUDES A DRINK***

Served with peas, tomato, mushroom and a drink*. With your choice of jacket potato (add 299 kcal) or chips (add 597 kcal).

Mixed grill 818 kcal **£8.40**
Gammon, pork loin, rump, lamb, sausage.

Large mixed grill **£9.90**
As above, with an additional sausage, egg, six onion rings (add 539 kcal).

10oz gammon and eggs 692 kcal **£8.40**
Two 5oz gammon steaks, topped with two fried eggs.

BBQ chicken melt 576 kcal **£8.40**
Grilled chicken, cheese, bacon, BBQ sauce.



COMBOS Add any of the following:

NEW Halloumi fries 475 kcal Sweet chilli sauce. This item does not contain gluten, but there is a risk of cross-contamination from frying. **2.95**

Macaroni cheese bites 278 kcal Salsa, rocket. **2.95**

Fried buttermilk chicken breast 350 kcal **1.55**

Grilled chicken breast 206 kcal **1.55**

Five chicken breast bites 275 kcal Battered chicken breast chunks, sticky soy sauce. **2.65**

Five chicken wings 588 kcal Sriracha hot sauce. **2.65**

Three southern-fried chicken strips 370 kcal Honey glaze, made with Jack Daniel's® Tennessee Honey. **2.65**

Six spicy coated king prawns 474 kcal Sweet chilli sauce. **2.65**

Grilled halloumi 477 kcal Sweet chilli sauce, rocket. **2.85**

Whitby breaded scampi 232 kcal **2.60**

SIDES

Two mini corns-on-the-cob 101 kcal **1.30**

Avocado 84 kcal **80p**

Six onion rings 255 kcal **1.45**

Twelve onion rings 510 kcal **2.05**

Black pudding 352 kcal **90p**

Roasted vegetables 120 kcal **1.00**

Fried egg 72 kcal **55p**



INCLUDES A DRINK | *CHOOSE FROM

DRAUGHT LAGER, BEER AND CIDER - PINT

BrewDog Punk IPA, Bud Light, Carling, Carlsberg, Cascade Beer, Heineken, Hoegaarden, 13 Lager, Kronenbourg, 1664, San Miguel, Stella Artois, Gumbler, James Smith's, any and all the following: BrewDog Punk IPA, Kronenbourg, Stone Island, Lime, Magnien, Stronach, BrewDog Dark Fruit, Shaker's Gold

All draught products available in half-pint measure.

CRAFT CANS AND BOTTLES

Beck's Blue Moon Belgian White wheat beer, BrewDog Clockwork Tangerine, Death Backlash - American IPA, Buffalo Cat IPA, 1664 Belgium White wheat beer - West Coast IPA, Peroni, Sol

LOW AND ALCOHOL FREE

Adriano's Ghost Ship low alcohol, Beck's Blue alcohol free, BrewDog Neary State low alcohol, Budweiser Prohibition Brew alcohol free, Heineken 0 alcohol free, Kopparberg alcohol free

WINE - 175ml GLASS

Catena Ficoni Chardonnay, Pinot Grigio, Merlot, White Zinfandel/Rose

Wine available at 125ml measure.

SPIRITS* - MIXER INCLUDED**

Gordon's, Gordon's Pink Gin, N.W. Tanqueray, Captain Morgan Original Spiced Gold, Captain Morgan White, NEW Absolut Vanilla, Smirnoff, Bell's, Famous Grouse, Haig Club Clubman, NEW Black Bottle brandy, NEW 8 brandy

SOFT DRINKS

Any draught soft drink (330ml), bottle of: J20, standard juice (375ml), Stratton's sparkling water, or can of: Lavazza cold cappuccino, Kennedy Kombucha, other soft drink

TEA AND COFFEE - FREE REFILLS*

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CHICKEN CLUB

EVERY WEDNESDAY UNTIL 11PM

£7.65 each **INCLUDES A DRINK***



British quarter chicken

Full allergen/nutritional information can be found on our website and in our allergen guide. Please ask at the bar, where staff will be able to direct you to this information.

CHICKEN CLUB

EVERY WEDNESDAY UNTIL 11PM

STEP 1 CHOOSE YOUR CHICKEN

NEW British quarter chicken 649 kcal

One leg quarter.

Chicken breast bites 310 kcal

Ten battered chicken breast chunks.

Grilled chicken breast 206 kcal

Southern-fried chicken strips 500 kcal

Five crunchy southern-fried chicken strips.

Fried buttermilk chicken breast 350 kcal

Pulled chicken bun 428 kcal

Pulled chicken breast, in a bun, rocket, red onion.

Chicken wings 1071 kcal

Ten spicy chicken wings.

The above two meals are served with a double portion of sauce, so sauce Calorie values (in step 2) will be twice the amount stated per sauce.

SIDES

Quinoa side salad 230 kcal

Two mini corns-on-the-cob 101 kcal

Avocado 84 kcal

£7.65 each

INCLUDES A DRINK*

STEP 2 CHOOSE YOUR SAUCE

BBQ sauce 83 kcal

Sticky soy sauce 101 kcal

Honey glaze, made with Jack Daniel's®

Tennessee Honey 70 kcal

Sriracha hot sauce 52 kcal

STEP 3 CHOOSE YOUR SIDE

Chips 597 kcal

Why not add spicy seasoning to your chips for an extra 20p?

Side salad 72 kcal

Mexican-style rice 203 kcal

2.15

1.30

80p

Six onion rings 255 kcal

Twelve onion rings 510 kcal

Baconnaise 191 kcal

1.40

2.05

50p

Triple chicken feast 1693 kcal (with grilled chicken)
Grilled chicken or fried buttermilk chicken, five spicy chicken wings, two southern-fried chicken strips, BBQ sauce, chips, a mini corn-on-the-cob.

£9.15

Chicken quinoa salad 704 kcal
Pulled chicken, quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, dressing.

£7.65

COMBOS

Add any of the following:

NEW Halloumi fries 475 kcal

Sweet chilli sauce.

This item does not contain gluten, but there is a risk of cross-contamination from frying.

NEW Macaroni cheese bites 278 kcal

Salsa, rocket.

Fried buttermilk chicken breast 350 kcal

Grilled chicken breast 206 kcal

Five chicken breast bites 275 kcal

Battered chicken breast chunks, sticky soy sauce.

Five chicken wings 588 kcal

Sriracha hot sauce.

Three southern-fried chicken strips 370 kcal

Honey glaze, made with Jack Daniel's® Tennessee Honey.

Six spicy coated king prawns 474 kcal

Sweet chilli sauce.

NEW VEGAN OPTION

2.95

Quorn nuggets 431 kcal

Mini corn-on-the-cob.

2.95

CHOOSE YOUR SAUCE

BBQ sauce 83 kcal

Sticky soy sauce 101 kcal

Sriracha hot sauce 52 kcal

2.65

CHOOSE YOUR SIDE

Chips 597 kcal

Side salad 72 kcal

Mexican-style rice 203 kcal

2.65

CURRY CLUB

EVERY THURSDAY UNTIL 11PM

£7.25 each

INCLUDES
A DRINK*

WE ARE THE NATION'S BIGGEST CURRY HOUSE, EVERY THURSDAY NIGHT

Curry meals are served with basmati pilau rice, plain naan bread and poppadums (add 472 kcal).

Chicken korma P 533 kcal

A traditional, mild, sweet curry, made with chicken breast and cooked with yoghurt, coconut, cream, golden fried shallots and fresh coriander.

Lamb rogan josh PP 423 kcal

Slow-cooked lamb in aromatic spices, served in a Kashmiri-style sauce, with tomato, onion, coriander, cumin and green chillies.

Sweet potato, chickpea & spinach curry PP 345 kcal

Sweet potato tossed in a rich coconut sauce with chickpeas and spinach.

Mangalorean roasted cauliflower & spinach curry PP 411 kcal

A south Indian tangy creamed coconut sauce, roasted cauliflower, potato, spinach, red peppers, finished with fenugreek leaves.

Chicken tikka masala PP 633 kcal

Chicken breast, marinated in tandoori spices, in a rich tomato sauce, with cream, red onion, butter, coriander and cardamom.

Chicken jalfrezi PP 375 kcal

Seared marinated chicken, with onion and peppers, in a tomato sauce tempered with whole cumin seeds.

Beef Madras PPP 647 kcal

Tender pieces of diced beef, in a spiced tomato sauce, with onion, coconut, mustard seeds and chilli.

Naga chilli chicken vindaloo PPP 386 kcal

Tandoori-marinated chicken breast in a hot Naga chilli sauce.

SIDES Add the following:

Onion bhajis P 331 kcal **1.30**

Vegetable samosas P 209 kcal **1.30**

An authentic Indian short pastry, filled with a blend of spices and vegetables.

MAKE YOUR CURRY LARGE P 77 kcal
Add a vegetable samosa and an onion bhaji.

for an extra **1.30**

CHANGE YOUR NAAN BREAD TO A GARLIC NAAN
(NOT VEGAN) P 25 kcal

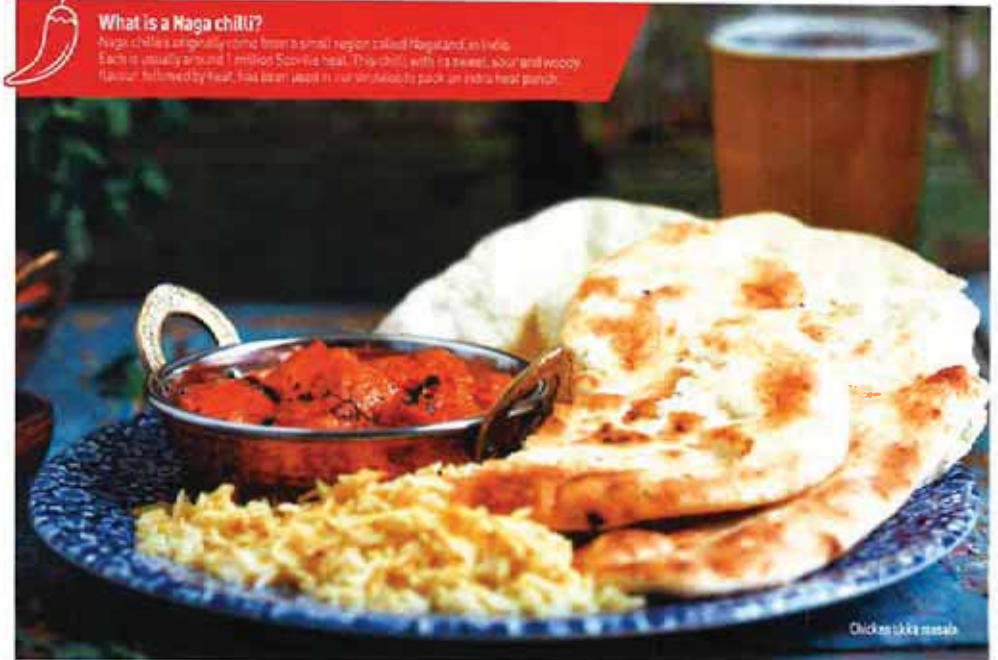
for an extra **25p**

If ordered with extra poppadums, instead of naan bread, these curries have no gluten-containing ingredients, but there is a risk of cross-contamination.



What is a Naga chilli?

Naga chillies originate from a small region called Nagaland in India. Each is usually around 1 million Scoville heat. This chilli, with its sweet, sour and woody flavour, followed by heat, has been used in our vindaloo to pack an extra heat punch.



Chicken tikka masala

INCLUDES A DRINK | *CHOOSE FROM

DRAUGHT LAGER, BEER AND CIDER - PINT

BrewDog Pine IPA, Bud Light, Carling, Carlsberg, Corona Light, Foster's, Heineken, King of the Toppa, Kronenbourg, Mack, San Miguel, Stella Artois, Guinness, John Smith's, Key Brand, Shipyard American Pale Ale, Asahi Lager, Beck's & Lime, Magners, Stone Island, Tingle, Dark Fruit, Treadwell Gold
All draught products available in half-pint measure

CRAFT CANS AND BOTTLES

Beck's, Blue Moon Belgium, style what you like, NEW BrewDog Clockwork, Tangerine, Devils Backbone - American IPA, Fishale California, gluten free, Inns & Gunn Mango IPA, NEW Cuddeback's, Key Brand, Key Brand, Peroni, Sol

LOW AND ALCOHOL FREE

Adams Ghost Ship low alcohol, Beck's Blue alcohol free, BrewDog Nanny State low alcohol, Budweiser Prohibition Brew alcohol free, Heineken 0.0 alcohol free, Koppenberg alcohol free

WINE - 175ml GLASS

Calowater Creek Chardonnay, Pinot Grigio, Merlot, White Zinfandel Rose
Wine available as 125ml measure

SPIRITS* - MIXER INCLUDED†

Gordon's, Gordon's Pink Gin, NEW Tanqueray, Captain Morgan Original Spiced Gold, Captain Morgan White, NEW Absolu Vanilla, Smirnoff, Be's, Tommaso Grappa, High Club Clubman, NEW Black Bottle brandy, NEW & J Brandy

SOFT DRINKS

Any draught soft drink (330ml), bottle of: 20, standard size (200ml), Strathmore spring water, variety of, Cheeky Red cappuccino, Remy's Kombucha, other soft drinks

TEA AND COFFEE - FREE REFILLS*

DIETARY KEY

Vegetarian. Vegan.

5% fat or less. Soft. Dish under 500 Calories

Dietary symbols are applicable only when meals are served with the accompaniments listed. Several menu items do not contain gluten or dairy ingredients, although we cannot guarantee an allergen free environment or products. Please refer to our website and allergen guide for details



Table service?

Use the Wetherspoon app to order and pay from your table

Available to download from the App Store and Google Play

AUT19FISH431 Full allergen/nutritional information can be found on our website and in our allergen guide. Please ask at the bar, where staff will be able to direct you to this information. While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation areas. If you have any specific food/drink allergies needs, please inform us: we will take reasonable steps to prepare your meal safely, although cannot guarantee a completely allergen-free environment or products. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. © Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See main menu for symbol explanations and additional details of all terms and conditions.



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FISH FRIDAY

EVERY FRIDAY UNTIL 11PM

INCLUDES A DRINK*

with soft drink	£6.60	with alcoholic drink	£7.60
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Freshly battered fish and chips

FISH FRIDAY

EVERY FRIDAY UNTIL 11PM

INCLUDES A DRINK*

*See reverse for included drinks

with soft drink **£6.60**

with alcoholic drink **£7.60**

Freshly battered fish and chips

1205 kcal (with peas)

Cod fillet, peas or mushy peas.

Three Quorn vegan sausages

1538 kcal

Chips, curry sauce and mushy peas - served with white bloomer bread and vegan spread.

Add: Two slices of bread and Lurpak spreadable (442 kcal) **95p**

Add: Chip shop-style curry sauce (117 kcal) **95p**

Add: Both of the above. **1.50**



Sustainable fish, freshly battered

MSC-Q-56647 Sealed with this mark comes from an MSC-certified sustainable fishery. www.msc.org



Freshly battered fish and chips

INCLUDES A DRINK | *CHOOSE FROM

DRAUGHT LAGER, BEER AND CIDER* - PINT

BrewDog Punk IPA, Bud Light, Carling, Carlsberg, Cascade, Coors Light, Foster's, Heineken, Hoegaarden, King of Sweaty, Lab's, San Miguel, Stella Artois, Guinness, John Smith's, any real ale, Shagold American Pale Ale, Koppberg Strawberry & Lime, Magners, Strongbow, Binglewee Dark Fruit, Titchener Gold
 All draught products available in half pint measures.

CRAFT CANS AND BOTTLES

Beck's, Blue Moon Belgian style wheat ale, **NEW** BrewDog Clockwork Tangerine, Devils Backbone American IPA, Estrella Galicia gluten free, Innis & Gunn Mango IPA, **NEW** Golden Pilsner, Hoegaarden Island Craft IPA, Peroni, Sol

LOW AND ALCOHOL FREE

Adams Orchard low alcohol, Beck's Blue alcohol free, BrewDog Munny Grape low alcohol, Wetherpoon Patharian low alcohol free, Heineken 0 alcohol free, Koppberg alcohol free

WINE* - 175ml GLASS

Coldwater Creek Chardonnay, Pinot Grigio, Merlot, White Zinfandel Rose

Wine available as 125ml measure

SPIRITS* - MIXER INCLUDED*

Gordon's, Gordon's Pink Gin, **NEW** Tanqueray, Captain Morgan Original Spiced Gold, Captain Morgan White, **NEW** Absolut Vanilla, Smirnoff, Bell's, Famous Grouse, High Club Clubman, **NEW** Black Bottle Brandy, **NEW** E.J. Brandy

SOFT DRINKS

Any strength soft drink (190ml), bottle of 200, standard size (200ml), small (100ml) or (150ml), standard (200ml), small (100ml) or (150ml), standard (200ml), small (100ml) or (150ml), standard (200ml), small (100ml) or (150ml)

TEA AND COFFEE - FREE REFILLS*

DIETARY KEY

Vegetarian Vegan.

5% fat or less. 500 Dish under 500 Calories.

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SUNDAY BRUNCH

EVERY SUNDAY UNTIL 11PM

INCLUDES A DRINK*

with soft drink **£6.70**

with alcoholic drink **£7.70**

Full allergen/informational information can be found on our website and in our allergen guide. Please ask at the bar, where staff will be able to direct you to this information.



8oz sirloin steak All-day brunch

SUNDAY BRUNCH

EVERY SUNDAY UNTIL 11PM

INCLUDES A DRINK* See reverse for including drinks

All-day brunch

1238 kcal
Two sausages, bacon, fried eggs, baked beans, chips.

Vegetarian all-day brunch

1175 kcal
Three Quorn vegan sausages, fried eggs, baked beans, chips.

INCLUDES A DRINK*

with soft drink **£6.70** each
with alcoholic drink **£7.70** each

STEAK, EGGS AND CHIPS

Our prime beef steaks come from Britain and Ireland, are matured for 21 days then seasoned by us.

8oz sirloin steak

INCLUDES A DRINK*

with soft drink **£8.70**
with alcoholic drink **£9.70**

Add: Two slices of bread and Lurpak spreadable (442 kcal) **95p** | **Add:** Two slices of black pudding (352 kcal) **90p**

Wetherspoon has become the first pub company to gain recognition from RSPCA Assured— for sourcing free-range shell eggs from farms which care for their hens to higher welfare standards throughout their life.

Our shell eggs come from producers inspected to RSPCA welfare standards by the RSPCA's independently certified farm-assurance scheme.



wetherspoon CHILDREN'S MENU

MAIN MEAL • DRINK • FRUIT

Each meal includes a drink* and a bag of apple slices or a banana or a strawberry BEAR YOYO fruit snack. Each meal is served with at least one portion of your five-a-day

PIZZA

UNDER 500 kcal

3.99
each

MARGHERITA ✓ 324 kcal 1.6g salt^a

HAM AND CHEESE 352 kcal 2.3g salt^a

BBQ CHICKEN AND CHEESE 439 kcal 2.3g salt^a

★ **HAWAIIAN** 365 kcal 2.3g salt^a. Ham and pineapple.

★ **ROASTED VEGETABLE** ✓ 364 kcal 1.9g salt^a

Roasted pepper, courgette, onion.

If ordered without cheese, this pizza is suitable for vegans. 🌱

SMALLER APPETITES

UNDER 500 kcal

3.99
each

★ **TOMATO & MASCARPONE PASTA**

✓ 248 kcal 0.6g salt^a

Ten-vegetable tomato sauce, with mascarpone cheese.

★ **SPAGHETTI BOLOGNESE**

288 kcal 0.5g salt^a

Spaghetti Bolognese, 100% British beef sauce, vegetables and herbs.

WILTSHIRE CURED HAM, FRIED

FREE-RANGE EGG AND CHIPS 453 kcal 2.2g salt^a

★ **FIVE-BEAN CHILLI** 🌱 297 kcal 2.0g salt^a

Mexican rice.

JACKET POTATO

Choose one filling: Tuna mayo 387 kcal 1.2g salt^a

★ Heinz no-added-sugar baked beans 286 kcal 0.7g salt^a

Cheese 387 kcal 1.2g salt^a

★ Roasted vegetables 305 kcal 0.8g salt^a



Table service?

Use the Wetherspoon app to order and pay from your table



BIGGER APPETITES

4.49
each

UNDER 700 kcal

STEP 1 Choose one main:

GRILLED CHICKEN BREAST 206 kcal 1.1g salt^a

WHITBY BREADED SCAMPI 116 kcal 1g salt^a

FISH 266 kcal 2.5g salt^a. Freshly battered, sustainable fish.

PORK SAUSAGES 336 kcal 1.7g salt^a

If chosen with chips and roasted vegetables 742 kcal

QUORN VEGAN SAUSAGES 251 kcal 1.0g salt^a

FIVE CHICKEN BREAST NUGGETS 155 kcal 0.7g salt^a

HOT DOG 272 kcal 1.1g salt^a. A pork hot dog.

STEP 2 Choose one vegetable portion:

★ Roasted vegetables 80 kcal 0.5g salt^a
Roasted pepper, courgette, onion.

★ Cucumber sticks and tomato wedges 12 kcal 0g salt^a

★ Mini corn-on-the-cob 55 kcal 0g salt^a

★ Peas 74 kcal 0g salt^a

★ Heinz no-added-sugar baked beans 63 kcal 0.4g salt^a

STEP 3 Choose one potato type (or, instead, choose a second vegetable portion above):

Jacket potato 225 kcal 0.3g salt^a

Mashed potato 134 kcal 0.7g salt^a

Chips 326 kcal 0.8g salt^a



DRINKS

*Choose one of the following:

APPLE JUICE 150ml cup, containing 150ml fruit juice (from concentrate), 17g sugars

ORANGE JUICE 150ml cup, containing 150ml fruit juice, 16g sugars

★ **PIP ORGANIC JUICE**

Blackcurrant, raspberry & apple fruity water 200ml, containing 150ml organic fruit juice, 14.4g sugars

★ **PIP ORGANIC SMOOTHIE**

With cheeky veg, strawberry, banana and purple carrot 180ml containing 150ml organic fruit juice, 30ml organic veg juice, 17.1g sugars

JUICED APPLE & PEAR

200ml, containing 100ml fruit juice (from concentrate), 10g sugars

All of our children's drinks above contain no added sugars. Their sugars are found naturally in the fruit.

STRATHMORE SPRING WATER bottle

MILK 150ml cup, 7g sugars

TAP WATER IS FREE

DESSERT

UNDER 120 kcal and UNDER 15g sugar

CHILDREN'S ICE CREAM POT

Vanilla ice cream, raspberry sauce, mini chocolate chips. 119 kcal 14.3g sugars

99p



TURN OVER FOR ACTIVITIES

KIDS AUT 19M2



MSC Certified Sustainable Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

*Our shell eggs come from producers inspected to RSPCA welfare standards by the RSPCA's independently certified farm-assurance scheme. ^aThe guideline daily amount (GDA) is 4.0g of salt for children.

FREE-RANGE EGGS



We use over 50 million eggs a year; thank you to all of those hens!



Out with the sugar! We always strive to reduce the sugar in our children's meals and drinks.

WHAT COUNTS AS A CHILD'S VEGETABLE PORTION? ¹ PROTEIN OR FIBRE PER DAY RECOMMENDED DAILY PORTIONS

PULSES AND BEANS COUNT; POTATOES DON'T

40-60g cooked fresh, frozen or tinned veg



DOODLES

AND

GAMES

1

SPOT THE DIFFERENCE
There are SIX differences to find.



2

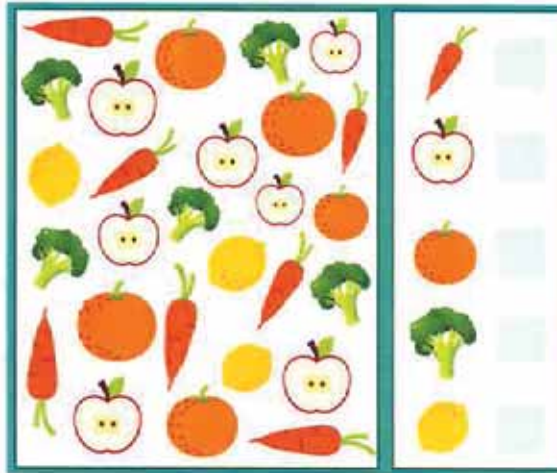
USE THE SHAPES BELOW TO SOLVE THE MONSTER'S CODE



KEY								
	A	S	T	V	B	E	G	L

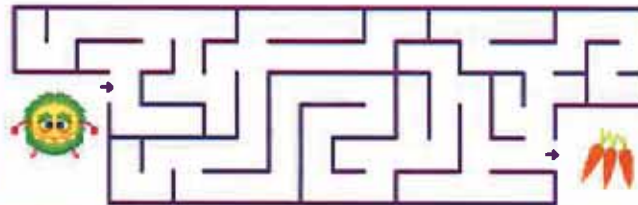
3

I SPY FRUIT AND VEGETABLES
Count all of the individual fruit and vegetables you can find.



4

CAN YOU HELP THE MONSTER TO REACH THE END OF THE MAZE?



DRAW IN THIS FRAME AND HAND IT IN AT THE BAR; NEXT TIME, IT COULD BE IN OUR GALLERY!



DIETARY KEY

= Extremely hot, = Very hot,
 = Medium hot, = Mild, = Low heat.
 = Vegetarian, = Vegan.

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1 Carrot: 7
 2 Apple: 7
 3 Oranges: 5
 4 Broccoli: 5
 Lemons: 3



Answers: